

LET'S GET COOKING

November 2025

Pre-K Breakfast

MONDAY

3

Breakfast

- Whole Grain French Toast Sticks
- Turkey Sausage Patty
- Chilled Diced Pears
- Apple Juice
- Grape Juice
- 1% Low-fat Milk

TUESDAY

4

WEDNESDAY

5

Breakfast

- Whole Grain Waffles
- Fresh Red Delicious Apple
- Apple Juice
- Grape Juice
- 1% Low-fat Milk

THURSDAY

6

Breakfast

- Fresh Baked Whole Grain Biscuit
- Grape Jelly
- Low Fat Mozzarella String Cheese
- Chilled Diced Pears
- 1% Low-fat Milk

FRIDAY

7

Breakfast

- Whole Grain Apple Cinnamon Muffin
- Fresh Red Delicious Apple
- Apple Juice
- Orange Pineapple Juice
- 1% Low-fat Milk

10

Breakfast

- WG Banana Muffin
- Low Fat Mozzarella String Cheese
- Fresh Orange
- Fruit Punch
- Orange Juice
- 1% Low-fat Milk

11

12

Breakfast

- Whole Grain Pancake Donut bites with Blueberries
- Fresh Orange
- Fruit Punch
- Orange Juice
- 1% Low-fat Milk

13

Breakfast

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- 1% Low-fat Milk

14

Breakfast

- Fresh Baked Whole Grain Biscuit
- Applesauce
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

17

Breakfast

- Whole Grain Apple Cinnamon Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Grape Juice
- 1% Low-fat Milk

18

Breakfast

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Cinnamon Diced Pears
- 1% Low-fat Milk

19

Breakfast

- Egg, Cheese & Turkey Sausage Breakfast Scrambler
- Fresh Whole Apple Gala
- Apple Juice
- Grape Juice
- 1% Low-fat Milk

20

Breakfast

- Multigrain Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Banana
- 1% Low-fat Milk

21

Breakfast

- Egg, & Cheese Biscuit
- Cinnamon Diced Pears
- Apple Juice
- Orange Pineapple Juice
- 1% Low-fat Milk

24

25

26

27

28

☞ 11/6 Nacho Day, ☞ 11/3 Sandwich Day

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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